Tool Information Page

Maryland Wellness Policies and Practices Project Survey (MWPPP)

Basic Information

The MWPPP is a 91-item survey that examines strength and comprehensiveness of local wellness policies and tracks school-level implementation longitudinally.

Transferability of measure across settings: Setting-specific

Citing Literature

Development article: Hager ER, Rubio DS, Eidel GS, et al. Implementation of local wellness policies in schools: role of school systems, school health councils, and health disparities. The Journal of School Health. 2016;86(10):742-750. doi:10.1111/josh.12430.

Empirical use: Lane HG, Deitch R, Wang Y, et al. "Wellness Champions for Change," a multi-level intervention to improve school-level implementation of local wellness policies: study protocol for a cluster randomized trial. Contemporary Clinical Trials. 2018;75:29-39. doi:10.1016/j.cct.2018.10.008.

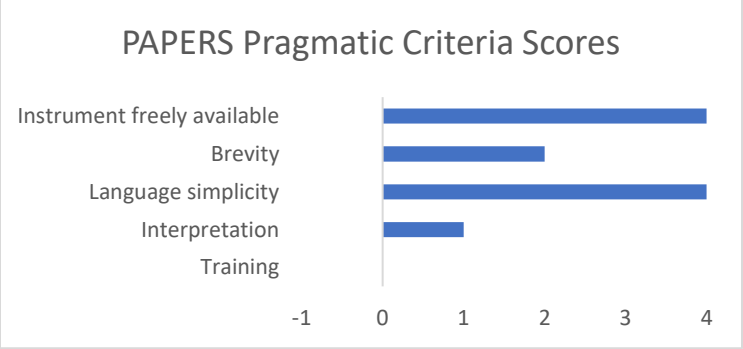
Policy Application in Reviewed Studies

Setting: Schools
Topic: Nutrition; Physical activity
Country: United States

Constructs Measured

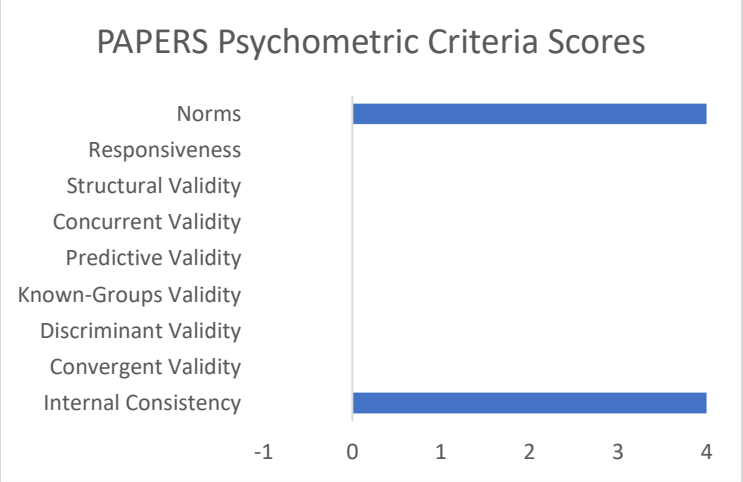
Implementation Outcomes: N/A
Implementation Determinants: Communication of policy; Policy awareness/knowledge; Leadership for implementation; Non-training resources; Training; Actor relationships/networks

PAPERS Ratings



Overall PAPERS Pragmatic Score: 11

Note: Blank pragmatic constructs indicate inadequate reporting to assign a non-zero score.



Overall PAPERS Psychometric Score: 8

Note: Blank psychometric constructs were not assessed in included studies.